

Good advice (worksheet)

Activity 1

What is a good piece of advice someone has given you?

Activity 2

Asking for advice or giving advice? Put the collocations into two groups.

What should I do?

What do you suggest?

Why don't you....?

What do you advise me to do?

If you were me what would you do?

What ought I to do?

Have you thought about....?

How can I

Do you think it's a good idea if I.....?

How about you..... ?

Maybe you should.....?

Activity 3

Do you agree with this advice? Discuss with your partner.

1. If a relationship has to be a secret, you shouldn't be in it.
2. The wrong people will teach you the right lessons.
3. There is no problem without a solution.
4. You are the one in charge of how you feel.
5. What other people think of you is none of your business.
6. Treat others the way you want to be treated.

Activity 4

Match the pieces of advice from activity 3 with the explanations.

1. _____

The fact that you are hiding a relationship means that it is not right. If you have to hide loving another, then leave them, whatever the reason is. In relationships, you are supposed to be extrovert and make it a life changing experience – not hide from the whole world and turn it into a dangerous secret.

2. _____

People might hurt you, but you are in control of your own happiness. Whatever someone causes you, it is your choice whether you'll let it destroy you or make you stronger. Never think that they have the power over your emotions.

3. _____

Compassion and tolerance, are the basic values in order to treat people the right way. Always put yourself in their shoes and think of how you would want to be treated in their place. It is very simple. All you need is to ask yourself one question: 'How would I like to be treated?'

4. _____

Never worry about what other people think of you, and never argue with them over it. It is their opinion and they have a full right to believe in it, even when it is completely wrong. Sometimes people tend to misjudge you, but still, it is none of your business. (P.S., Those who really matter, think of you the way you want them to, so don't worry!)

5. _____

Some people cross our lives and do not make it to the next round. However, these people are there for a reason and they will teach you the most important life lessons ever. Whether it is 'not to trust everyone' or 'to depend on yourself', these are the ones who are going to turn your regrets into experiences.

6. _____

Never tell yourself that this is the end of the world, because it never is. There is always a solution for each and every problem. Breathe. Give yourself a chance to think clearly. And you will find yourself in the right place, with the right state of mind.

Activity 5

Discuss the questions

1. What three pieces of advice will you give your children?
2. Whose advice do you follow more, your parents' or your friends' advice?
3. If you could give the leader of your country some advice, what would it be?
4. If you could go back in time and give yourself some advice, what would you tell your younger self?
5. Where do you go to get good advice?
6. What is a good piece of advice you have given someone else? How did that person use your advice? How did it help them?
7. Who are some of the people that are likely to come to you for advice? Explain why these people come to you.

Activity 6

Write a story about a time when you really needed advice from another person.

- Why did you need advice?
- How did you decide who to go to for advice?
- How did you use this advice? How did it help you?

Activity 7

Take turns to ask for advice. Elaborate on the details/ give your partner detailed advice.

I want to improve my English.

I want to have more free time.

I'm going to meet my boyfriend/girlfriend's parents for the first time.

I want to be happy.