

Multiple careers (teacher's notes)

1. Warm-up (Activity 1) 5 mins

Aims: to break the ice and foster a safe environment for learning.

Procedure: introduce the topic. Ask students: *Do you have more than one job? Do they know someone who does? How do you/they feel about it?*

2. Vocabulary video (Activity 2) 5 mins

Aims: to learn topic-related vocabulary

Procedure: Play the video.

<https://www.youtube.com/watch?v=GwbpY4eNOqE>

Ask students to match the words from the video with their definitions.

Key:

portfolio: a group or collection of things

entrepreneur: someone who starts and runs businesses

add another string to my bow: learn a new skill

corporate: relating to a large company

3. Text (Activity 3) 10 mins

Aims: to give students practice in reading for gist

Procedure: Ask students to read the text and match the topic sentences with the paragraphs.

Key:

1A You need a strong support system

2E You won't get any full days off

3D You must be extremely focused and organized

4B You have to be honest with your boss or employer

5C You must take care of your health and fitness.

4. Answer the questions (Activity 4) 10 mins

Aims: to provide students with practice in reading for detail

Procedure: ask the student(s) to answer the questions about the text. They can do this in oral form with a partner or in writing.

Key:

1. The author works as a general manager/director of training & development, author, speaker, and professor.

2. People ask him: , "Can you really work that many jobs? Do you ever rest? Do you spend any time with your family?"
3. His wife supports him and creates the necessary environment for doing some many jobs.
4. You have to be very organized and spend a lot of time working.
5. He makes sure he recovers his energy every day by getting enough food, ,exercise, water and sleep. .

5. Pros and Cons (Activity 5) 10 mins

Aim: to provide students with free speaking/writing practice and opportunity to apply what they've found out about multiple careers in the discussion.

Procedure: students discuss in pairs and make a list of pros and cons for having multiple careers. If you are having a writing lesson, you can have them write an essay "Is having multiple careers a good idea?" instead.

Possible answers:

BENEFITS OF HAVING MULTIPLE CAREERS

Some reasons people may choose to have multiple careers:

- **For personal growth and autonomy.** 40% of independent workers in a study by And Co said their main reason for becoming an independent freelancer was for "personal growth." The second most-cited reason was "flexibility."
- **Have income from different sources**
- **Because there's a growing market for specialists and consultants.** Companies are increasingly hiring independent consultants and specialists.
- **For fulfillment and freedom.** Younger generations want to live to work on their own terms, not work to live.
- To have more career options
- **To become a more attractive employee.** The "full-stack employee" is extremely valuable to organizations because they have a combination of skills. For example, the marketing executive with a technical background in data analytics and engineering.
- **To enter new roles and markets that didn't exist when you started your career.** Today, we have drone operators, artificial intelligence engineers, user experience psychologists, app developers, and countless more.
- **For improved pattern recognition and ideation.** The more you know about a variety of topics and industries, the more creatively you can combine ideas, recognize patterns, and solve problems.
- **To make more friends in different circles!** You'll meet more interesting people, be more interesting yourself, and be able to introduce people who might never meet otherwise.

THE DOWNSIDES

Having multiple careers is not for everyone. Here are some reasons why:

- It can lead to burnout. Multi-tasking is dangerous, and it's better to do one thing well than 3 things badly.
- Many employees sign a contract with their employer that prohibits working for another company. Even still, millions of people have more than one job and keep it a secret.
- Even if it's not prohibited by contract, colleagues and manager may doubt your professionalism if you are doing more than one job.
- You may actually reduce your earning power. For example, a freelance engineer who also runs a creative business on the side cannot focus on his programming career alone.

(From [A Practical Guide to Having Multiple Careers](#))

7. Sum up 5 mins

Put errors on the board or whiteboard and let student(s) correct them.

Summarise the lesson and tell student(s) what results they have achieved (Now you can ... After our speaking lesson you will be able to....)

Ask them if they have any questions.