

Philosophy for a happy life (teacher's notes)

1. Warm - up (Activity 1) 3 min

Aims: to break the ice and introduce the topic.

Procedure: Ask your SS to express their opinion on the quotes using the corresponding language.

2. Lead - in (Activity 2) 3 min

Aims: to engage students in the context of the lesson and provide speaking for fluency.

Procedure: Ask your SS to look at the people in the pictures and say what makes them happy.

Possible answers:

1. Family and nature.
2. Having fun with her partner.
3. Walking in the forest.
4. Cooking with her partner.
5. Playing with paints.
6. Working.

3. Vocabulary work (Activity 3) 5 min

Aim: to present new vocabulary.

Procedure: Ask SS to look through the words and definitions, pre-teach some vocabulary (if necessary) by using them in sentences or giving the synonyms or antonyms if possible. Then students should match the words with definitions.

Keys:

- | | |
|-------|--------|
| 1 - d | 7 - h |
| 2 - g | 8 - k |
| 3 - i | 9 - a |
| 4 - b | 10 - e |
| 5 - f | 11 - l |
| 6 - j | 12 - c |

4. Vocabulary work (Activity 4) 5 min

Aim: to provide semi-controlled practise of new vocabulary.

Procedure: Ask SS to choose the correct words to complete the sentences.

Keys:

- | | |
|-------|-------|
| 1 - b | 5 - c |
| 2 - c | 6 - a |
| 3 - a | 7 - b |
| 4 - b | 8 - a |

5. Watching a video (Activity 5) 14 min

Aim: to practise listening for gist.

Procedure: Ask your SS to watch the **video** and answer the question.

Play the video:

<https://www.youtube.com/watch?v=36m1o-tM05g&feature=youtu.be>

Keys:

1. Be ok with what you can't do, because there is so much you can do.
2. Surround yourself with people you want to be around.
3. Keep moving forward.
4. Never miss a party if you can help it.

6. Watching a video (Activity 6) 7 min

Aim: to practise listening for details.

Procedure: Ask your SS to watch the **video** again (from 03:00 till 07:00) and answer the questions.

Keys:

1. He spends his time thinking about things that have nothing to do with Progeria at all, like scouting, music, comic books, etc.
2. Spiderman. He accomplished his dream of playing snare drum.
3. His family and friends from school. They have always supported him. They see each other for who they are on the inside.
4. They mentor younger band members as a single collective unit.
5. He loves that the music they make together is true, genuine and it supersedes Progeria.

7. Follow - up discussion (Activity 7) 5 min

Aim: to provide speaking for fluency.

Procedure: Ask your SS to discuss the questions in pairs.

8. Writing an essay (Activity 8) 6 min

Aim: to practise writing skills.

Procedure: Ask your SS to choose a topic from the list and write an essay using the target vocabulary.

9. Sum up (2 min)

Aim: Summarise the lesson.

Procedure: Do delayed error correction with your students and give proper feedback.