

TED video “Living life to the fullest”

Intermediate level

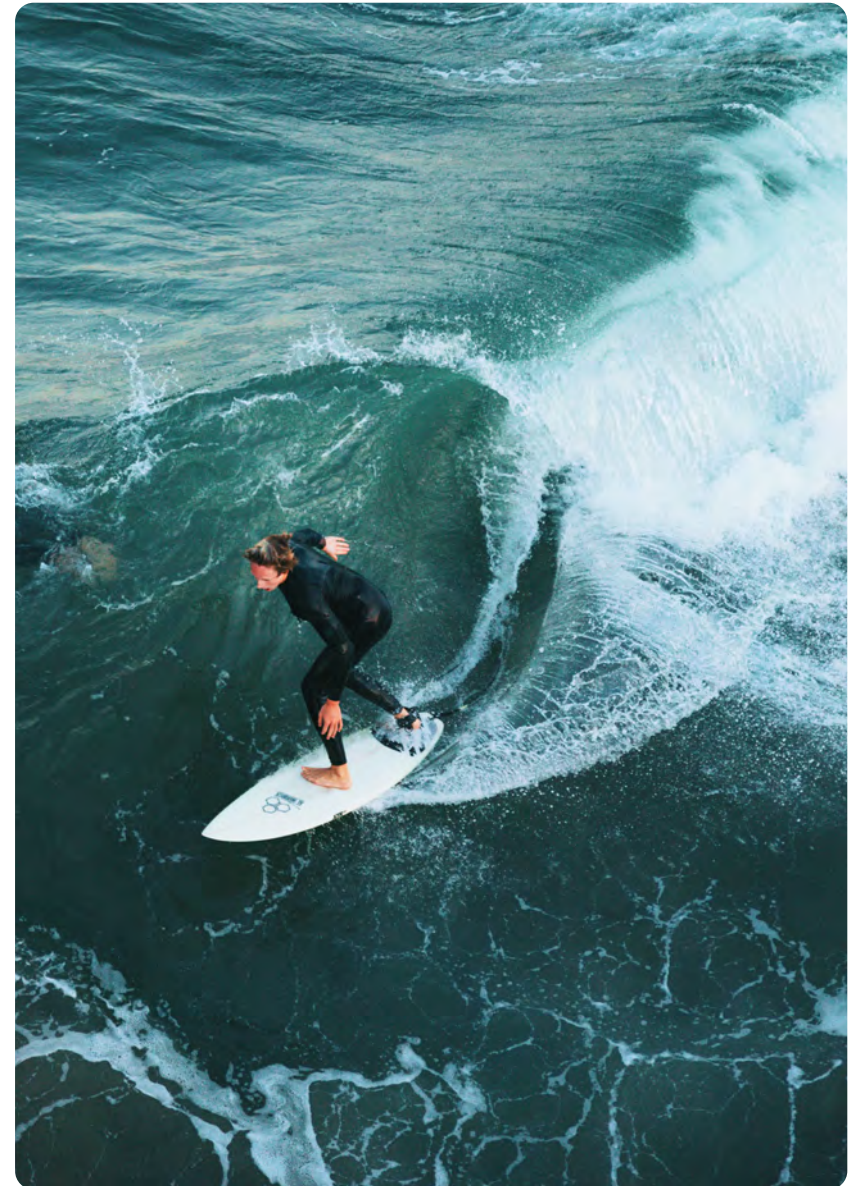


Task 1. Warm-up

Listen to the song [“The Nights”](#).

Answer the questions:

1. What is the song about?
2. What is the main hero doing?
3. What came to your mind while listening to it?
4. Do you like the song or not?
Why?



Task 2. What is the topic of the lesson?

Describe the pictures. What do they have in common?



Task 3. Homework Video

At home you watched [this video](#). What is it about?
Explain it in two sentences.



Task 3. Homework Video



Answer the questions:

1. When and why did the speaker feel happy?
2. What did he realise when he returned home?
3. What scared him?
4. Why did he decide to change his life? What did he do?
5. What was the reaction of the people surrounding the speaker?
6. How did he manage to travel? What did he usually say about it?
7. What happened in Australia?
8. How did he earn money?
9. What did he do in Mexico?
10. What is the speaker's attitude to making mistakes?
11. What advice is he giving?
12. What did he say about the girl he met in the USA?
13. What is the most important lesson he has been taught?

Task 4. Useful Vocabulary



Explain the meanings of the words. If necessary, use a dictionary.

1. To boost —
2. A trunk —
3. Get-together —
4. To live through —
5. To high-five —
6. Mindset —
7. To slam —
8. To soak up —
9. To pursue —
10. To go for smth —



Make up sentences using these words/phrases.

Task 5. Discussion



Discuss with your partner:

1. What impression did the video have on you?
2. What do you think about the speaker's personality?
3. Do you agree or disagree with the speaker?
4. If you were him, what choices would you make?
5. Do you find such videos inspiring, motivational or useless?



Task 6. Discussion

Read the quotes below. Do you agree or disagree?
Why?

Enjoy the little things in life, for one day you may look back and realize they were the big things.

Robert Breault

All life is an experiment. The more experiments you make the better.

Ralph Waldo Emerson

If you obey all the rules, you'll miss all the fun.

Katharine Hepburn

Task 7. Article

Read 9 rules of living life to the fullest in [Part 1 in the article](#).
Don't read the whole article, **only headlines**.
Do you agree or disagree with them?



Task 8. Speaking

What does “living life to the fullest” mean for you?

Speak for **2 minutes**.



Homework

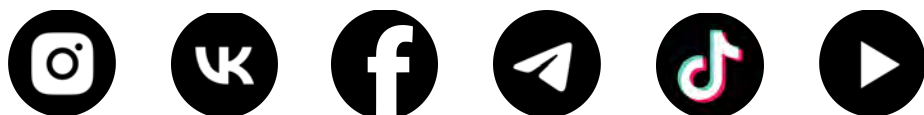
Choose one of the options:

1. Read the [article](#) and write a summary of it.
2. Make a 2-5-minute video on “Living life to the fullest. My version.”
3. Once Winston Churchill said: “It should not be enough to have lived. We should be determined to live for something.” Should we? And what does it mean for you to live life to the fullest? Write 150 words.



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